



Yuca fries 4/5 lb

Frites Yuca

PRODUCT OF COLUMBIA

40821



FROZEN VEGETABLES

IQF VEGETABLES

CARIBBEAN VEGETABLES

Product Description

Yuca is also known as the Caribbean potato and is served as an alternative to traditional potato fries.

Pack and Case Specifications

Pack Net Weight

5lb

Packs per Case

4

Case Size (LxWxH)

15.75"x 12.75"x 7.5"

Case Cube

0.87ft3

Case Gross Weight

21.5lb

Cases per Pallet

100 (10/10)

Ingredients

YUCCA, CORN FLOUR, VEGETABLE OIL, SUGAR, WATER, SALT.

Physical

Organoleptic

Flavor: Typical Yuca Texture: Crunchy
Appearance: Fried

Nutrition

Nutrition Facts

Serving Size 1 cup (100g)
Servings Per Container 22

Amount Per Serving
Calories 160 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 15mg 1%

Total Carbohydrate 38g 13%

Dietary Fiber 2g 7%

Sugars 2g

Protein 1g

Vitamin A 0% • Vitamin C 35%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 30g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Allergens

Cooking Directions

Deep Fryer

Preheat oil to 350°F (180°C), use enough oil to cover Yuca, fry for 2 to 3 minutes or until golden brown, drain and serve.

Deep Pan: Preheat oil to 350°F (180°), place one layer Yuca in pan, use enough oil to fully cover Yuca, fry for 2 minutes turning until golden brown, drain and serve.

Pan

Preheat oil to 350°F (180°), place one layer of frozen tostones in pan, use enough oil to fully cover tostones, fry for 1 to 2 minutes, turning until product is hot, drain and serve.

Certificates and Claims

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Unopened bags can be stored for 24 months. Opened bag store for 1 month.

UPC code



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11 ENTERPRISE AVENUE NORTH, SECAUCUS, NJ 07094
TEL: (201) 863-2885 OR 800-B-FROZEN FAX: (201) 863-2886

WWW.WHITETOQUE.COM

